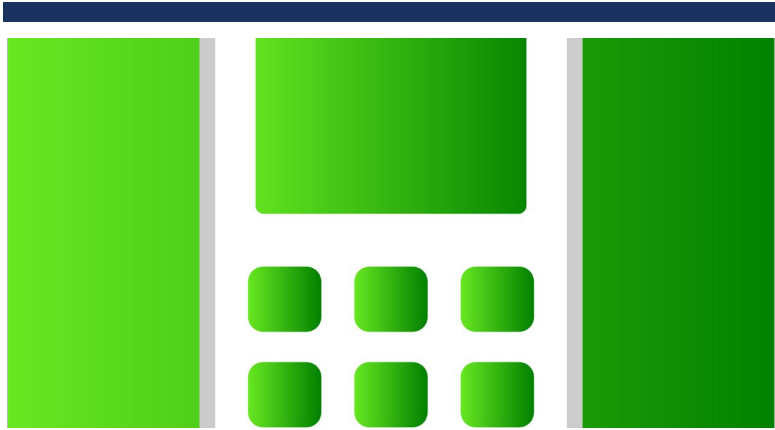


J-1 EXCHANGE VISITOR PRE-ARRIVAL INFORMATION

INTERNATIONAL STUDENT &
SCHOLARS SERVICES (ISSS)
UNIVERSITY OF PENNSYLVANIA



ISSS IS HERE TO ASSIST YOU!

- St. Leonard's Court
3819 Chestnut Street
Philadelphia, PA 19104
- <https://global.upenn.edu/iss/contact-iss>
- 215-898-4661

Monday-Friday
9:00 a.m. - 12:30 p.m.
1:30-p.m. - 5:00 p.m.

After hours/emergency contact
information
<https://global.upenn.edu/iss/emergency>



J-1 BASICS

FUNDAMENTALS OF THE J-1 EXCHANGE VISITOR PROGRAM

PROGRAM ACTIVITIES, CULTURAL GOALS AND COMPONENTS OF THE PROGRAM



FUNDAMENTALS OF THE J-1 EXCHANGE VISITOR PROGRAM

Created under the [Mutual Educational and Cultural Exchange Act](#) of 1961

Managed and overseen by the U.S. Department of State, [Bureau of Educational & Cultural Affairs](#), Office of Private Sector Exchange

The purpose and objective of the J-1 program is “to increase mutual understanding between people of the United States and the people of other countries by means of educational and cultural exchanges.”

The intention of the program is for participants to return to their home countries to share with their fellow countrymen the knowledge they gained while in the U.S. well as something about the American culture.

The University of Pennsylvania administers and oversees its J-1 Exchange Visitor Program based on the rules and regulations governing the J-1 Program which are located at [§22 CFR Part 62](#)

The Department of State has designated the University of Pennsylvania as a J-1 program sponsor for exchange visitors participating in the *J-1 Research Scholar*, *J-1 Professor*, and *J-1 Short Term Scholar* categories

CULTURAL GOALS AND COMPONENTS OF THE EXCHANGE VISITOR PROGRAM

- The primary purpose of the Exchange Visitor Programs is to offer people from around the world an opportunity to increase their knowledge and understanding of the United States firsthand through a combined cultural and “work” (i.e. internship/training) experience.
- Suggested activities to encourage cultural exchange:
 - Regular/daily on-site interaction with American co-workers
 - Attending lunches, parties, celebrations and other employee gatherings, on or off the work site
 - Inviting colleagues or friends to local attractions, sporting events, museums, concerts, festival, historic landmarks



PREPARING FOR ARRIVAL TO UNITED STATES

- PRE-DEPARTURE CHECKLIST
 - ARRIVAL TO THE UNITED STATES
 - IMMIGRATION DOCUMENTS
 - DS-2019 form
 - J visa
 - I-94 Card
 - REPORTING YOUR ARRIVAL TO ISSS
- 

PRE-DEPARTURE CHECK LIST

- Use the Penn issued DS-2019 and pay the SEVIS I-901 visa fee: <https://www.fmjfee.com/i901fee/index.html> (\$220)
- Schedule visa appointment at US Consulate to apply for J visa*. <https://ceac.state.gov/genniv/>
- Assemble documents for your visa appointment including:
 - DS-2019 form
 - Passport
 - DS-160 Nonimmigrant visa application payment receipt
 - Evidence of financial support
 - UPENN invitation or appointment letter
 - Form DS-7002 (for J-1 Student Intern category only)
 - Other documents as requested by the US Consulate

* Not required for citizens of Canada or Bermuda

PRE-DEPARTURE CHECK LIST CONTINUED

- Purchase or make plans to secure health insurance coverage for yourself and any J-2 dependents.
 - Coverage must start from the date of arrival indicated on your DS-2019 form through the form's end date.
 - UPENN paid Postdoctoral Fellows may sign up for the UPENN Post Doc Plan
 - All other J-1s (Visiting Scholars, Visiting Students, etc.) may purchase insurance through [Gallagher](#)
 - If you have insurance coverage from another source, you must waive out of the insurance plan offered by Gallagher using [this site](#)
- Arrange or make plans for housing. Although ISSS is unable to assist you in arranging housing, your host department may be able to assist as well as Penn [Residential Services](#)

ARRIVAL TO THE US

- Make sure to have the following documents with you, do not place them in your checked luggage:
 - Passport containing J visa (visa not required of citizens of Canada or Bermuda)
 - DS-2019 for J-1 and J-2 dependents (Printed and signed original DS-2019, online versions not accepted)
 - UPENN contract or letter of invitation from the department
- Per Federal Regulations, you are allowed to enter the US a maximum of 30 days prior to start date indicated on your DS-2019 form
- At the Port of Entry (POE), Customs and Border Patrol (CBP) Officers will review your documents and discuss your purpose of coming to the United States
- You will be documented as a J-1 exchange visitor
- Upon your arrival to UPENN, you should print off your I-94 card to confirm it reads, “J-1, D/S” (dependents will read “J-2, D/S”) www.cbp.gov/I94

DS-2019 FORM (“CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR (J-1) STATUS”)

U.S. Department of State
CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR STATUS (J-NONIMMIGRANT)

OMB APPROVAL NO. 1405-0119
07/01/2014
ESTIMATED BURDEN TIME: 45 min
*See Page 2

1. Surname/Primary Name: **Exchange Visitor**
Given Name: **Samir**
Sex: **MALE**
Date of Birth (mm-dd-yyyy): **03-25-1995**
City of Birth: **YOUR CITY**
Country of Birth: **SWEDEN**
Citizenship Country Code: **SE**
Citizenship Country: **SWEDEN**
Gender: **MALE**
ID Number: **0000000000**

2. Legal Permanent Residence Country Code: **SE**
Legal Permanent Residence Country: **SWEDEN**
Primary Site of Activity: **Robertson Research Institute**
Address: **2000 MARY LN
FORT WASHINGTON, MD 20744-2430**

3. Program Sponsor: **Robertson Research Institute**
Participating Program Official Description: **PROFESSOR; RESEARCH SCHOLAR; SHORT-TERM SCHOLAR; SPECIALIST; STUDENT ASSOCIATE; STUDENT BACHELORS;
STUDENT DOCTORATE; STUDENT INTERN; STUDENT MASTERS; STUDENT NON-DEGREE**
Program Number: **P-1-15029**

4. Exchange Visitor Category: **PROFESSOR**
Subject Field Code: **00-0000**
Subject Field Code Remarks: **scholar will teach classes in engineering**

5. During the period covered by this form, the total estimated financial support (in U.S. \$) to be provided to the exchange visitor by:
Current Program Sponsor: **Funds - \$82,000.00**
Host: **\$82,000.00**

6. U.S. DEPARTMENT OF STATE / DHS USE OR CERTIFICATION BY RESPONSIBLE OFFICER OR ALTERNATE RESPONSIBLE OFFICER THAT A NOTIFICATION COPY OF THIS FORM HAS BEEN PROVIDED TO THE U.S. DEPARTMENT OF STATE (INCLUDE DATE)

7. Jane Smith
123 Main St.
Vailero, FL 33554
Alternate of Responsible Officer or Alternate Responsible Officer

8. Statement of Responsible Officer for Relinquishing Sponsorship (FOR TRANSFER OF PROGRAM)
(Effective date (mm-dd-yyyy)) _____ (result of this exchange visitor from program number _____ sponsored by _____)
(is necessary or highly desirable and is in conformity with the subject of the Mutual Educational and Cultural Exchange Act of 1962, as amended)

9. PRELIMINARY ENDORSEMENT OF CONSULAR OR IMMIGRATION OFFICER REGARDING SECTION 212(a) OF THE IMMIGRATION AND NATIONALITY ACT AND PL 94-484, AS AMENDED (see item 1(a) of page 2)

10. TRAVEL VALIDATION BY RESPONSIBLE OFFICER (Maximum validation period is 1 year)

11. EXCHANGE VISITOR CERTIFICATION: I have read and agree with the statement in item 2 on page 2 of this document.

Signature of Applicant _____ Date (mm-dd-yyyy) _____
Signature of Responsible Officer or Alternate Responsible Officer _____ Date (mm-dd-yyyy) _____
Signature of Consider in Immigration Officer _____ Date (mm-dd-yyyy) _____

THE U.S. DEPARTMENT OF STATE RESERVES THE RIGHT TO MAKE FINAL DETERMINATION REGARDING 212(a)

DS-2019
07-2011

Page 1 of 2

- Permits prospective exchange visitors to seek an interview at a U.S. Embassy or Consulate in order to obtain a J visa to enter the United States
- Form is only valid if the electronic SEVIS record is active
- The form reflects:
 - Box 1: Name and biographic information of the exchange visitor
 - Box 2: Primary site of activity
 - Box 3: Start and end date of sponsorship
 - Box 4: Category of exchange visitor, e.g. *Research Scholar or Professor* and a brief description of the program/activity to be undertaken
 - Box 5: Funding source and amount
 - Box 7: Issued and signed by ISSS ARO
- Page 2 or the flip side of the form contains important information regarding the J-1's responsibilities as an exchange visitor

J-1 VISA



- Only issued at US Consulates outside U.S.
- Only required for entry or reentry to the U.S. as a J
- Can expire while you are in the U.S. as long as you have a DS-2019 with a future end date and you are participating in the program activity
- Not required for citizens of Canada or Bermuda holding a Canadian or Bermudian passport
- Exceptions apply to travel of less than 30 days to Canada, Mexico, or contiguous territories of the U.S.

FORM I-94



Most Recent I-94

Admission (I-94) Record Number :

Most Recent Date of Entry: 2018 July 10

Class of Admission : J1

Admit Until Date : D/S

Details provided on the I-94 Information form:

Last/Surname :

First (Given) Name :

Birth Date :

Passport Number :

Country of Issuance :

Official U.S. government electronic record reflecting your visa status in the U.S.

Should always indicate “J-1, D/S”

Check the [I-94 website](#) each time you reenter the U.S. after travel abroad to ensure it is correctly notated as “J-1, D/S”

VISA AND VISA STATUS

VISA

- Physical stamp placed in a passport by US Consulate
- Required to enter the U.S. in a particular visa classification
- Can expire while you are in the U.S.
- Duration of visa validity is based on the reciprocity agreement between the U.S. and other countries
- Not required for citizens of Canada or Bermuda

VISA STATUS

- Formal immigration classification under which you were admitted to the U.S.
- Visa classification is reflected on your I-94 card, e.g. “J-1”
- “D/S” stands for *Duration of Status* which is based on the end date of your DS-2019 form
- On the date the DS-2019 expires, your J-1 status expires
- If your SEVIS record is shortened the new end date is your last date of sponsorship, even if you have a DS-2019 form with a future end date

REPORTING YOUR ARRIVAL TO ISSS

Reporting Requirements

- Within 10 days of your arrival to the United States, you must report your and your dependents' (J-2) arrival to maintain legal status.
- In your iPenn record, complete the Arrival Reporting e-form and upload the forms and documents listed to the right
- Make sure to list your current US residential address, including any apartment number

Documents to upload to iPenn upon arrival to US

- Form DS-2019
- Copy of I-94 card (download at www.cbp.gov/I94)
- Copy of J visa in your passport as issued by the US Consulate

J-1 RULES AND REGULATIONS

MAINTENANCE OF STATUS

- ❖ Documents
- ❖ Health Insurance

NON - IMMIGRANT INTENT

TWO - YEAR HOME RESIDENCY REQUIREMENT

12 AND 24 MONTH BARS ON REPEAT PARTICIPATION



MAINTENANCE OF J-1 STATUS REQUIRES:

- Possession of current and valid documents (*DS-2019 form, passport, I-94*)
- Purchase and maintenance of health insurance that meets the [regulatory requirements](#)
- Participation only in the program/activity for which J-1 sponsorship was granted
- If your J-1 activity ends, then your J sponsorship ends regardless of end date on DS-2019
- Notification to ISSS within 10 days of any changes in address/contact information
- Notification to ISSS within 24 hours of any incidents or allegations affecting the J-1 or J-2
- Further information is available on the [ISSS website](#)
- All J-1s must be present on campus to undertake their activity; Full-time, remote work is **not** allowed

REQUIRED DOCUMENTS TO MAINTAIN J VISA STATUS

To maintain status while in the U.S., you must be in possession of the following:

- Form DS-2019 from ISSS with future end date
 - Participate in only those activities indicated on the DS-2019 form in box 4 unless authorized by ISSS for temporary, additional activity
 - Funding may only be received from organization listed in box 5
- Form I-94 card that reads “J-1, D/S”
- Unexpired passport

HEALTH INSURANCE REQUIREMENTS



Per J-1 Federal Regulations, required for all J-1 and J-2 dependents for the duration of their stay in the U.S. in J status

Must meet the following levels:

Not obtaining the required levels is considered willful violation of program regulations and is a cause for program termination

Purchase options that meet the regulatory requirements are available via Gallagher Benefit Services for [Visiting Scholars](#)

medical benefits of at least **\$100,000** per accident or illness

repatriation of remains in the amount of **\$25,000**

expenses associated with medical evacuation of the exchange visitor to his or her home country in the amount of **\$50,000**

deductible not to exceed \$500 per accident or illness

NON- IMMIGRANT INTENT

[§214\(b\) of the Immigration and Nationality Act, as amended](#) also known as “non-immigrant intent”

At the time of interview at a US Consulate or upon entry to the US J-1s and J-2s must demonstrate they have the intention to return to their home country after completion of their J-1 activity and not to permanently remain in the U.S.

Obligation is on J-1/J-2 applicant to demonstrate strong ties to their home country, such as:

Ownership of property
in home country

Job in home country

Family members residing
in the home country

212 (E) TWO -YEAR HOME RESIDENCY REQUIREMENT

§ 212(e) of Immigration and Nationality Act, as amended

- Who is subject?
 - If you received any direct government funding from either the U.S. government or from your home government at any time during the J-1 program*
 - Exchange Visitor Skills List
 - Your activity per the DS-2019 form (Box 4) is listed on the [Skills List](#) for your country
 - Medical Education or Training
 - You are in the U.S. under ECFMG sponsorship to undertake clinical residency and fellowship training**

**If the funding comes only from indirect government funding through the university, you are not subject, unless the grants were specifically targeted for international exchange*

***Does not apply to University of Pennsylvania sponsored J-1s*

WHAT DOES IT MEAN TO BE SUBJECT TO THE TWO - YEAR HOME RESIDENCY REQUIREMENT?

If subject, you are ineligible for any of the following until you have returned to your home country for at least two years*:

- Change status within the U.S.
- Obtain an H, L, or K visa
- Obtain U.S. Legal Permanent Residence (green card)

*Waivers of this obligation are available through the U.S. Department of State but as they can be construed as a circumvention of the spirit and intent of the J-1 program, ISSS staff are unable to assist with waiver applications or answering questions related to them. **Once a waiver has been recommended by the U.S. Department of State, ISSS cannot extend your DS-2019 form beyond its current end date.**

HOW TO DETERMINE IF YOU ARE SUBJECT TO THE TWO- YEAR HOME RESIDENCY REQUIREMENT

The image shows a DS-2019 form, which is a document used for international students and scholars. A large, semi-transparent 'SAMPLE' watermark is overlaid diagonally across the top half of the form. In the lower-left corner, there is a section titled '1. PERSONAL INFORMATION' which contains several checkboxes and fields. A red circle is drawn around this section, specifically highlighting the area where the 'I am not subject to the two-year home residency requirement' checkbox is located. The form includes fields for personal information, program details, and signatures.



- YOUR DS-2019 WILL BE MARKED IN THE LOWER LEFT-HAND CORNER
- YOUR VISA WILL INDICATE WHETHER OR NOT YOU ARE SUBJECT

12 MONTH AND 24 MONTH BARS ON REPEAT PARTICIPATION

12 Month Bar

- The 12-month bar prohibits an individual from obtaining J-1 status in the Research Scholar or Professor categories if the individual was physically present in any J status (including J-2 status)* for more than 6 months in the 12-month period immediately preceding the new J program start date.

*Presence in J status as a Short-term Scholar does not trigger the 12-month bar.

Example: John Doe was a J-1 Student from August 22, 2018 – May 22, 2022. The earliest he will be eligible to be a J-1 Research Scholar or J-1 Professor is May 23, 2023.

24 Month Bar

- Individuals who participate in a J Exchange Visitor program of any length in the Professor or Research Scholar categories are subject to a 24-month bar on "repeat participation" in the Professor or Research Scholar categories upon completion of their Exchange Visitor Program. Individuals subject to this bar may not return to the US as a J Exchange Visitor in the Research Scholar or Professor categories for a 24-month period. The 24-month bar occurs regardless of the duration of the program. Whenever the J-1 Research Scholar/Professor Exchange Visitor ends his/her program, the bar goes in effect. The Exchange Visitor will again be eligible for the Research Scholar or Professor category after being out of J-1 status for 24 months.

Example: John Doe was a J-1 Research Scholar from September 20, 2020 through September 20, 2022. The earliest he will be eligible to be a J-1 Research Scholar or J-1 Professor is September 21, 2024.



GETTING SETTLED

ON CAMPUS EMERGENCY SERVICES

HOUSING

U.S. HEALTHCARE

SOCIAL SECURITY NUMBER

FILING TAXES

BANKING

TRANSPORTATION

DRIVER'S LICENSE

GROCERY STORES

LIFE & CUSTOMS IN THE U.S.

U.S. HOLIDAYS



ON CAMPUS EMERGENCY SERVICES

University of
Pennsylvania
Public Safety

For an
emergency call
215-573-3333
or call 511 on
a campus
phone

Walking Escort
215-898-
WALK (9255)

HELP Line
215-898-HELP
(4537)

HEALTH CARE IN THE UNITED STATES: THINGS TO KNOW

Further
information
is available
on the [ISSS
website!](#)

- There is no universal healthcare in the United States.
- U.S. healthcare is very expensive.
- Most people in the U.S. have health insurance coverage through their employers.
- Seeing a doctor or specialist outside your “network” can result in higher fees and copays.
- Most care is provided through a primary care provider (PCP).

COMMON INSURANCE TERMS

- **Network** The facilities, providers and suppliers your health insurer or plan has contracted with to provide health care services.
- **PCP** (Primary Care Provider): the primary doctor you select who coordinates your health care needs.
- **Deductible**: The amount you pay for covered health care expenses before your insurance plan starts to pay. For example, with a \$2,000 deductible, you pay the first \$2000 of covered services yourself.
- **Co-payment or “Co-pay”**: A fixed amount (\$40 for example) you pay for a covered health care service. For example, a routine doctor’s appointment typically charges a co-pay.
- **OOP (Out of pocket)**: Expenses for medical care that aren’t reimbursed by insurance. OOP costs include deductibles, coinsurance, co-payments for covered services plus all costs for services that aren’t covered.

HOUSING: SUGGESTIONS AND CONTACTS

- Contact your host department at Penn to consult with them about recommendations or assistance they can provide in finding or securing housing
- Consult the university's [Residential Services](#)
 - From this site there is further information regarding [off-campus services](#)
- Consult on-line options such as www.apartments.com or www.Zillow.com

- Once you have secured health/medical insurance, contact your health care provider to identify options for choosing doctors and medical services.
- For emergency services (life threatening) dial [911](#)
- Urgent care centers in University City:
 - [myDoc Urgent Care](#) 3717 Chestnut Street 215-921-8294
 - [Vybe Urgent Care](#) 3550 Market Street 215-405-0701
- Hospitals/Medical Centers in University City
 - [Penn Presbyterian Medical Center](#)
 - [Hospital of the University of Pennsylvania](#)
 - Children's Hospital of Philadelphia [CHOP](#)

HEALTH CARE FACILITIES & LOCATIONS

DECIDING WHERE TO OBTAIN MEDICAL CARE

KNOW WHERE TO GO

When you're sick, finding the right care is important. With multiple options including urgent care, primary care and the emergency room, it can be confusing to know where to go. Use this chart as your guide to help you seek the appropriate treatment for your medical condition.

	URGENT CARE	PRIMARY CARE	EMERGENCY ROOM
Abdominal Pain*	✓	✓	
Allergies	✓	✓	
Asthma*	✓	✓	
Cold & Flu	✓	✓	
Cough & Bronchitis	✓	✓	
Cuts & Scrapes	✓	✓	
Diarrhea*	✓	✓	
Earache	✓	✓	
Fever*	✓	✓	
Headache/Migraine*	✓	✓	
Minor Burns	✓	✓	
Minor Broken Bones & Fractures	✓		
Nausea/Vomiting*	✓	✓	
Pink Eye	✓	✓	
Rash	✓	✓	
Sinus Infection	✓	✓	
Sore Throat & Strep Throat	✓	✓	
Sprains & Strains	✓	✓	
Suture Removal	✓	✓	
Urinary Tract Infection (UTI)	✓	✓	
Chronic Health Conditions		✓	
Chest Pain			✓
Heart Attack			✓
Severe Injury			✓
Shortness of Breath			✓
Stroke			✓

*If severe, visit the emergency room.



Penn Medicine

SOCIAL SECURITY NUMBER

- A Social Security Number (SSN) is a nine-digit number issued to an individual by the Social Security Administration (SSA), an agency of the United States government. It is used primarily by employers and employees for tax-reporting purposes.
- The SSA can provide an SSN to individuals who will be receiving money from a U.S. source.
- Applications forms can be printed from the [SSA website](#) using form [SS-5](#).
- The SSN application and a support letter from ISSS, which you can request in iPenn with your virtual check in, must be submitted in person at 2 Penn Center, Suite 2000B, 1500 JFK Blvd., Philadelphia. They are open Monday to Friday, 9:00 am – 3:00 pm.
- **IMPORTANT:** Before applying for a SSN you must ensure that ISSS has validated your arrival in SEVIS and you need to have been in the U.S. as a J-1 for 14 calendar days. Applying without first following these instructions can result in lengthy delays in issuance of your SSN.

Further information is available on the [ISSS website](#).

BANKING

To open a bank account, you will need to present at least two forms of identification, and in some cases a Social Security Number.

Banks located close to the Penn campus include:

- [PNC Bank](#) 3535 Market Street
- [TD Bank](#) 3735 Walnut Street
- [Well Fargo](#) 3550 Market Street
- [Bank of America](#) 3925 Walnut Street
- [Santander Bank](#) 3802 Chestnut Street

Check websites carefully as fees and/or required minimum balance may differ.

TRANSPORTATION

Penn Transit Services

- A transportation system on and around the Penn Campus
- Includes options for:
 - Bus/Shuttle with schedules
 - Ride Share Options
 - Parking Permits
 - Walking & Biking Services
 - Walking Escorts or Emergency Rides Home

SEPTA (Southeastern Pennsylvania Transit Authority)

- Public/City transportation system including:
 - Buses (including LUCY loop through University City)
 - Trolleys
 - Commuter/Regional Rail to Suburbs

AMTRAK

- Extensive national rail network
- Northeast corridor serves travel to NYC, Boston, Washington, DC and points in between

Further information is available on the [ISSS website](#).

DRIVER'S LICENSE

- [A Driver's License Application form](#) can be downloaded from [PA Division of Motor Vehicles](#)
- Documents you will need to provide:
 - Social Security card
 - I-94 card
 - DS-2019
 - Valid passport
 - Visa in passport
 - Two items as proof of residency in Pennsylvania, such as current utility bill, lease agreement, W-2 form

PennDOT requires your DS-2019 be valid for one year or more to be eligible for a PA ID card or a PA Driver's License

Further information is available on the [ISSS website](#).

GROCERY STORES NEAR CAMPUS

- Giant Heirloom Market 3401 Chestnut Street
- ACME Markets 4001 Walnut Street
- Supremo Food Market of Walnut 4301 Walnut Street
- ALDI 4421 Market Street
- International Foods & Spices 4203 Walnut Street
- 1920 Gourmet Grocer 3800 Locust Walk
- Trader Joe's 2121 Market Street

FILING TAXES

Whether you received funding/income from a U.S. source or not in the prior calendar year, you must file a tax return by approximately April 15 every year; this can include separate tax returns for federal, state and city taxes

ISSS does not have expertise to advise on tax matters, so you are advised to contact either the IRS or a qualified tax accountant for assistance

The ISSS website provides further information and a recorded tax webinar at
<https://global.upenn.edu/iss/s/tax>

IDENTITY THEFT

Identity theft occurs when someone uses another person's personal identifying information, like their name, social security number, credit card number, without permission, to commit fraud or other crimes.

Stay protected! Follow these simple rules:

- Protect your computer and smartphone with strong, up-to-date security software.
- Use strong passwords and change them often
- Watch out for [phishing](#) attempts
- Never give out personal information over the phone
- Regularly check your credit reports: [Experian](#), [Transunion](#) and [Equifax](#)
- Protect personal documents. For example, never carry your social security card on your person.

If you are a victim of identify theft, report it the [Federal Trade Commission](#).

FAMILY RESOURCES

- The [Family Resource Center](#) at the University of Pennsylvania has information for students and Post-Docs with children.
- [International Spouses & Partners at Penn](#)
- [Types of Philadelphia Schools](#)
- [Philadelphia Public Schools](#) (Kindergarten through 12th Grade)
- [Early Learning Resource Center](#)

EMPLOYEE RIGHTS AND LAWS

The websites/links in the right-hand column provide a basic overview of employee rights and laws

- [Welcome Brochure](#)
- [Wilberforce Pamphlet on the Rights and Protections of Temporary Workers](#)
- [US Department of Labor Wage and Hour Division](#)
- [Worker's Compensation](#)

LOOKING FOR
FURTHER
INFORMATION?

CHECK
OUT THE
ISSS
WEBSITE